

**Rady JCC Lap & Leisure Pool Schedules - Monday, November 20 - Sunday, November 26**

	Monday, November 20		Tuesday, November 21		Wednesday, November 22		Thursday, November 23		Friday, November 24		Saturday, November 25		Sunday, November 26	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00 AM														
6:15 AM														
6:30 AM														
6:45 AM														
7:00 AM	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a				
7:15 AM														
7:30 AM														
7:45 AM														
8:00 AM														
8:15 AM														
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9:30 AM														
9:45 AM														
10:00 AM														
10:15 AM														
10:30 AM														
10:45 AM														
11:00 AM	Swimming Lessons 10:15 - 11:45a	Lap Swim 10:15a - 11:55p	Leisure Swim 10:00a - 11:00a		Shallow Aquafit 10:15a - 11:10a		Leisure Swim 10:00a - 11:00a	Lap Swim 10:05a - 11:55a	Leisure Swim 10:15a - 11:55p	Lap Swim 10:15a - 11:55p	Swimming Lessons 10:15a - 2:15p	Swimming Lessons 10:15a - 2:15p	Swimming Lessons 9:00a - 4:00p	Swimming Lessons 9:00a - 4:00p
11:15 AM			Swim. Lessons 11:00a - 11:30a				Swim. Lessons 11:00a - 11:30a							
11:30 AM							Leisure Swim 11:10a - 11:55p	Lap Swim 11:15a - 11:55p	Leisure Swim 11:30a - 11:55a					
11:45 AM														
12:00 PM														
12:15 PM														
12:30 PM	Fit Together 12:00p - 12:45p	Fit Together 12:00p - 12:45p					Fit Together 12:00p - 12:45p	Fit Together 12:00p - 12:45p	Fit Together 12:00p - 12:45p	Fit Together 12:00p - 12:45p				
12:45 PM														
1:00 PM														
1:15 PM														
1:30 PM	Fit Together 1:00p - 1:45p	Fit Together 1:00p - 1:45p	Leisure Swim 11:30a - 4:00p											
1:45 PM														
2:00 PM														
2:15 PM														
2:30 PM														
2:45 PM	Leisure Swim 1:50p - 4:00p	Lap Swim 1:50p - 4:30p												
3:00 PM														
3:15 PM														
3:30 PM														
3:45 PM														
4:00 PM														
4:15 PM														
4:30 PM														
4:45 PM														
5:00 PM	Swimming Lessons 4:00p - 7:30p	Swimming Lessons 4:30p - 8:30p												
5:15 PM														
5:30 PM														
5:45 PM														
6:00 PM														
6:15 PM														
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8:45 PM														
9:00 PM														
9:15 PM	Leisure Swim 9:00p - 9:25p	Lap Swim 9:05p - 9:25p	Leisure Swim 8:30p - 9:25p	Shared Space 8:30p - 9:25p			Leisure Swim 7:30p - 9:25p	Lap Swim 8:05p - 9:25p	Leisure Swim 7:30p - 9:25p	Shared Space 8:30p - 9:25p				
9:30 PM														

**NOTE:** Parents must be within arms reach in the pool following these ratios: Children 5 years old and younger: 1:4  
 Children 6 & 7: 1:6  
 Children 8 & over: 1:10  
**NOTE:** Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

<b>Aquafit- No Lap/Leisure Swim Available</b>	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - Select Lane availability for Lane Swim	Shared Space - Lap & Leisure Swim - 2 Lanes open for Lane Swim & 3 Lanes for Recreational Swimming	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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\* Please note that during lap swim times, a lane may be booked for Aquatherapy or Aquatic Personal Training - For more information on these programs, please see the Sports Desk \*