Rady JCC Lap Pool Schedule - October 10 - November 29, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lanes	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
6 AM							
	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim		
7 AM	6:00-8:35 AM	6:00 AM-9:20	6:00-8:35 AM	6:00 AM-9:20	6:00-8:35 AM		
8 AM							
	Combo Waterfit		Combo Waterfit		Combo Waterfit		
9 AM	8:45-9:40 AM		8:45-9:40 AM		8:45-9:40 AM	L	
		Deep Water Waterfit		Deep Water Waterfit		E	
10 AM		9:30-10:25 AM		9:30-10:25 AM	Premium Aqua	S	WSI
	Adult Lane Swim		Adult Lane Swim		9:40-10:35 AM	S	8:00
11 AM	9:55-11:50 AM		9:55-11:50 AM	Adult Lane Swim		O	NL 4:30
				10:45-11:45 AM		N	Adult Lane Swim
12 PM	Mom & Baby Aqua		Mom & Baby Aqua	Mom & Baby Aqua		9AM	8:00am - 4:30pm
	12-12:45 PM	Adult Lane Swim	12-12:45 PM	12-12:45 PM		12:30	L Oct.
1 PM	Starts Sept 14	10:40-4:00 PM	Starts Sept 9	Starts Sept 9	Adult Lane Swim		E 18
					10:45 AM-6:30 PM	Adult Lane Swim	S 25
2 PM	Adult Lane Swim		Adult Lane Swim	Adult Lane Swim		8:00am - 4:30pm	S
	1:00-4:00 PM		1:00-4:00 PM	1:00-4:00 PM			O Nov.
3 PM							N 1
							12PM 29
4 PM						wim	3:30
						Nov 7- Dec 19, 2020.	
						No class Nov 28	
5 PM	Lessons	Lessons	Lessons	Lessons		Pool Closes at 4:30	Pool Closes at 4:30
	4:00-7:30PM	4:00-7:30 PM	4:00-7:30PM	4:00-7:30 PM			
6 PM	Oct.14-Dec.9	Oct.13-Dec.10	Oct.14-Dec.9	Oct.13-Dec.10			
					Pool Closes at 6:30		
7 PM							
	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim	Adult Lane Swim			
8 PM	7:30-8:30 PM	7:30-8:30 PM	7:30-8:30 PM	7:30-8:30 PM			
	Pool Closes at 8:30	Pool Closes at 8:30	Pool Closes at 8:30	Pool Closes at 8:30			

Lane Swim

Pool Closed

Swimming Lessons, and Progams

Aquafit

Adult Lane Swim - Lap swimming for members 14 and over.

One lap swimmer per lane unless in same household or requires special assistance.

Please Register online. Registration opens 72 hours in advance.

**Please Note: some changes may occur from time to time and will be posted **