

RADY JCC LAP & LEISURE POOL SCHEDULE

Monday, January 27 - Sunday, February 2

	Monday, January 27		Tuesday, January 28		Wednesday, January 29		Thursday, January 30		Friday, January 31		Saturday, February 1		Sunday, February 2	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00 AM														
6:15 AM														
6:30 AM														
6:45 AM														
7:00 AM	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a												
7:15 AM			Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a										
7:30 AM					Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a								
7:45 AM														
8:00 AM														
8:15 AM														
8:30 AM														
8:45 AM			Deep Aquafit 8:30a - 9:15a											
9:00 AM														
9:15 AM														
9:30 AM	Combo Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Deep Aquafit 9:15a - 10:10a		Shallow Aquafit 9:15a - 10:00a		Combo Aquafit 9:15a - 10:10a		Aquafit 9:15a - 10:00a			
9:45 AM														
10:00 AM														
10:15 AM	Leisure Swim 10:15a - 10:30		Leisure Swim 10:05a - 10:55a											
10:30 AM														
10:45 AM	Swimming Lessons 10:30 - 11:30a	Lap Swim 10:15a - 11:55a	Swimming Lessons 11:00a - 11:30a	Lap Swim 10:05a - 11:55a	Leisure Swim 10:15a - 11:55a	Lap Swim 10:15a - 11:55a	Swimming Lessons 11:00a - 11:30a	Lap Swim 10:05a - 11:55a	H2O HITT 10:15a - 11:00a 1 Lap Lane Available		Swimming Lessons 10:15a - 1:15p	Swimming Lessons 10:15a - 1:00p	Swimming Lessons 9:00a - 1:00p	Swimming Lessons 9:00a - 1:00p
11:00 AM														
11:15 AM														
11:30 AM	Leisure Swim 11:30a - 11:55a													
11:45 AM														
12:00 PM														
12:15 PM	Fit Together 12:00p - 12:45p		H2O HITT 12:00p - 12:45p 1 Lap Lane Available		Fit Together 12:00p - 12:45p		Fit Together 12:00p - 12:45p		Leisure Swim 11:00a - 4:00p	Lap Swim 11:05a - 4:00p	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available
12:30 PM														
12:45 PM														
1:00 PM														
1:15 PM	Fit Together 1:00p - 1:45p													
1:30 PM														
1:45 PM														
2:00 PM														
2:15 PM														
2:30 PM	Leisure Swim 1:50p - 4:30p	Lap Swim 1:50p - 4:30p	Leisure Swim 12:50p - 3:55p	Lap Swim 12:50p - 4:30p 1 Lane Reserved for Hydro Therapy 2:00p - 3:00p	Swimming Lessons 1:30p - 3:30p	Lap Swim 12:50p - 4:30p	Leisure Swim 12:50p - 4:30p	Lap Swim 12:50p - 4:30p 1 Lane Reserved for Hydro Therapy 2:00p - 3:00p	ELC Swim 1:30p - 3:00p	ELC Swim 1:30p - 3:00p Lanes 1 & 2	Leisure Swim 1:15p - 3:30p	Shared Space Lap & Lessons 1:00p - 2:30p	Leisure Swim 1:00p - 5:25p	Shared Space Rec, Lessons, & 1 Lane Avail. (Bronze Cross) 1:00p - 4:00p
2:45 PM														
3:00 PM														
3:15 PM														
3:30 PM														
3:45 PM														
4:00 PM														
4:15 PM														
4:30 PM														
4:45 PM														
5:00 PM	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:30p - 7:00p	Swimming Lessons 4:30p - 7:30p	Swimming Lessons 4:00p - 6:30p	Swimming Lessons 4:00p - 6:30p				
5:15 PM														
5:30 PM														
5:45 PM	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available	No Lap or Leisure Swim Available				
6:00 PM														
6:15 PM														
6:30 PM														
6:45 PM														
7:00 PM														
7:15 PM														
7:30 PM														
7:45 PM	Leisure Swim 7:30 - 8:10p	Lap Swim 7:30 - 8:10p												
8:00 PM														
8:15 PM														
8:30 PM														
8:45 PM	H2O HITT 8:15p - 9:00p 1 Lap Lane Available													
9:00 PM														
9:15 PM	Leisure Swim 9:00p - 9:25p	Lap Swim 9:05p - 9:25p	Leisure Swim 8:30p - 9:25p	Shared Space 8:30p - 9:25p										
9:30 PM														

NOTE: Parents must be within arms reach in the pool following these ratios: Children 5 years old and younger: 1:4
Children 6 & 7: 1:6
Children 8 & over: 1:10

NOTE: Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

Aquafit - No Lap/Leisure Swim Available	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - No Lap/Leisure Swim Available	Shared Space Rec & Lessons - 2 Lanes open for Recreational Swim	Shared Space Lap & Lessons - 1-2 Lanes open for Lap Swim	Shared Space - 2 Lanes open for Lap Swim & 3 Lanes for Recreational Swimming/Lessons	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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* Please note that during lap swim times, a lane may be booked for Hydrotherapy, Aquatic Personal Training, or Barracuda Swim Club - For more information on these programs, please see the Sports Desk *