

Rady JCC Lap & Leisure Pool Schedules - Monday, December 4 - Sunday, December 10, 2023														
	Monday, December 4		Tuesday, December 5		Wednesday, December 6		Thursday, December 7		Friday, December 8		Saturday, December 9		Sunday, December 10	
	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool	Leisure Pool	Lap Pool
6:00 AM														
6:15 AM														
6:30 AM														
6:45 AM														
7:00 AM	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a	Leisure Swim 6:00a - 8:25a	Lap Swim 6:00a - 8:25a	Leisure Swim 6:00a - 9:10a	Lap Swim 6:00a - 9:10a				
7:15 AM														
7:30 AM														
7:45 AM														
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9:45 AM														
10:00 AM														
10:15 AM														
10:30 AM														
10:45 AM	Swimming Lessons 10:15 - 11:45a	Lap Swim 10:15a - 11:55p	Leisure Swim 10:00a - 11:00a		Shallow Aquafit 10:15a - 11:10a		Leisure Swim 10:05a - 11:55a	Lap Swim 10:05a - 11:55a	Leisure Swim 10:15a - 11:55p	Lap Swim 10:15a - 11:55p	Swimming Lessons 10:15a - 2:15p	Swimming Lessons 10:15a - 2:15p		
11:00 AM			Swim. Lessons 11:00a - 11:30a											
11:15 AM														
11:30 AM														
11:45 AM														
12:00 PM														
12:15 PM	Fit Together 12:00p - 12:45p	Fit Together 12:00p - 12:45p			Fit Together 12:00p - 12:45p	Fit Together 12:00p - 12:45p	Fit Together 12:00p - 12:45p	Fit Together 12:00p - 12:45p						
12:30 PM														
12:45 PM														
1:00 PM														
1:15 PM	Fit Together 1:00p - 1:45p	Fit Together 1:00p - 1:45p	Leisure Swim 11:30a - 4:00p											
1:30 PM														
1:45 PM														
2:00 PM														
2:15 PM														
2:30 PM	Leisure Swim 1:50p - 4:00p	Lap Swim 1:50p - 4:30p												
2:45 PM														
3:00 PM														
3:15 PM														
3:30 PM														
3:45 PM														
4:00 PM														
4:15 PM														
4:30 PM	Swimming Lessons 4:00p - 7:30p	3 Lanes Avail. 4:00p - 4:30p												
4:45 PM														
5:00 PM														
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8:45 PM														
9:00 PM														
9:15 PM	Leisure Swim 9:00p - 9:25p	Lap Swim 9:05p - 9:25p												
9:30 PM														

**NOTE:** Parents must be within arms reach in the pool following these ratios: Children 5 years old and younger: 1:4  
Children 6 & 7: 1:6  
Children 8 & over: 1:10

**NOTE:** Children who do not meet the height requirement of 1.3M at the shoulder will be required to wear a PFD. A swim test may be asked of any person using the pool. The Lifeguard has final authority.

<b>Aquafit- No Lap/Leisure Swim Available</b>	Leisure Pool Available/All Lanes in for Lap Swim	Swim Lessons - Select Lane availability for Lane Swim	Shared Space - Lap & Leisure Swim - 2 Lanes open for Lane Swim & 3 Lanes for Recreational Swimming	Family Swim - Waterslide May be Open *Subject to change based on staffing*
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\* Please note that during lane swim times, a lane may be booked for Aquatherapy or Aquatic Personal Training - For more information on these programs, please see the Sports Desk \*