



## RADY JCC - REFORMER PILATES SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00 am		<b>Basic Reformer</b> Instructor- Tom	<b>Basic Reformer</b> Instructor- Rose				
9:30 am					<b>Reformer Plus</b> Instructor- Treasure	<b>Reformer Plus</b> Instructor- Rose	<b>Reformer Plus</b> Instructor - Tom
10 am	<b>Basic Reformer</b> Instructor- Tom	Basic Reformer Instructor - Rose		Basic Reformer Instructor- Rose			
10:30 am					<b>Reformer Plus</b> Instructor- Treasure	<b>Basic Reformer</b> Instructor- Rose	<b>Basic Reformer</b> Instructor - Tom
11 am		<b>Reformer Plus</b> Instructor - Tom					
12 noon							
1 pm		<b>Basic Reformer</b> Instructor- Rose		<b>Basic Reformer</b> Instructor- Rose			
2 pm							
3 pm							
4 pm							
5:00 pm			<b>Basic Reformer</b> Instructor- Rose				
5:30 pm	<b>Reformer Plus</b> Instructor - Alan						
6 pm				<b>Reformer Plus</b> Instructor- Rose			
6:30 pm	<b>Reformer Plus</b> Instructor - Alan						
7 pm							